

Active Oadby and Wigston's community programmes

Active Oadby & Wigston is an initiative to help get you active and moving more. It is where local partners are brought together to provide personalised support for you to move more to improve your health and wellbeing.

Available programmes...

Walking Groups (Free of charge)

Walk location	Time/Day
South Wigston Group Walk Tesco Superstore, Blaby Road, Wigston LE18 4SE	Mondays 11:00am
Brock's Hill Group Walk Brocks Hill country park, Oadby, LE2 5JJ	Tuesdays 10:00am
Wigston Group Walk Wigston Cemetery, Wigston LE18 3SN	Wednesdays 10:00am
Carers only Group Walk Brocks Hill country park, Oadby, LE2 5JJ	Thursdays (Biweekly) 11:00am

Low Impact Activities (£3 pay as you go)

Activity	Time/Day	Location
Walking Netball (Ladies only)	Mondays 7:00-8:00pm	Wigston College, Wigston, LE18 2DS
Walking Football	Tuesdays 6:00-7:00pm	Wigston Academy, Wigston, LE18 2DT
Walking Hockey	Tuesdays 6:00-7:00pm	Beauchamp college, Oadby, LE2 5TP
Softball Cricket (Ladies only)	Thursdays 6:00-7:00pm	Beauchamp college, Oadby, LE2 5TP
Seated Activity	Tuesdays 10:30-11:15am	Freer community centre, Wigston, LE18 1HQ
Easy Movers	Tuesdays 11:30-12:15pm	Freer community centre, Wigston, LE18 1HQ

Steady Steps + (£4 pay as you go)

Location	Time/Day
Oadby SS+ St. Paul's Church, Hamble Road, Oadby, Leicester, LE2 4NX	Mondays 3:00-4:00pm
Wigston SS+ Freer Community Centre, 242 Leicester Road, Wigston LE18 1HQ	Tuesdays 1:00-2:00pm
Oadby SS+ Parklands Leisure Centre, LE2 5QG	Wednesdays 2:00 - 3:00pm

Other seasonal activities may also be available, please contact us for more.

Email: info@activeblaby.org.uk

Phone: 0116 272 7703

