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Oadby & Wigston and Blaby District Mental Health Forum

Aims and Objectives

We like to think of ourselves as “keeping minds healthy”.

Proposed key priorities for the group are:

- Mapping/gathering information on local well-being/mental health initiatives
- Networking between providers
- Encouraging and disseminating good practice
- Helping “stronger” projects to support new, fledgling, projects

We want to ensure that we:

- Listen
- Don't make assumptions
- Accept that people are individuals
- Respect each other
- Create a safe space to enable good communication and consultation
- Deal with people as holistically as we can

Facebook Page

The group has recently set up a Facebook page for information sharing and to raise awareness of some of the support that is available in the area:

<https://www.facebook.com/Mental-Health-Forum-Oadby-Wigston-and-Blaby-District-1893043460910418/>

Proposed Wellbeing Café for Oadby & Wigston

Discussions have taken place around the formation of a wellbeing café for the area. This would be a regular session to invite local residents to come along for low-level advice and support. It will also be an opportunity to signpost people to some of the services they could tap into within the area. These sessions would also be an opportunity for local groups and services to come along to promote their work and potentially offer taster sessions to help people to accept their support.

Health and wellbeing sessions will be starting at the Boulter Crescent Community Flat in October/ November 2017, run in partnership by the Neighbour Hub and Oadby Free Spirit Foundation. A small funding bid has been submitted to the Shire Grants to kick-start this project and other key partners have expressed interest in running taster sessions.

Discussions are also taking place for a parallel session in Oadby, which could potentially take place at Zeph's Café at Oadby Trinity Methodist Church.

Proposed Dementia Alliance for Oadby & Wigston

During several discussions on dementia services in Oadby & Wigston, there have been several expressions of interest for a Dementia Alliance Model for Oadby & Wigston, which would complement the work on mental health

Suggested Aims and Objectives

- Recognising the diversity of organisations needed to support people with dementia and their carers
- Encouraging organisations to become part of the dementia action alliance.
- Working towards dementia friendly communities.
- Identifying and working with dementia champions.
- Sharing of information and networking amongst members.
- Identifying future work, sharing of resources and working in partnership.

First Steps

The first step will be to bring interested parties together to a meeting to discuss what is already happening to support dementia in the area, what the aims are/ should be to support dementia and how people could work together to do this. The date for this meeting is to be confirmed.

Potential Partners:

- Oadby & Wigston Borough Council
- Leicestershire Police
- Oadby & Wigston Libraries
- South Wigston Community Library
- Adult Learning
- J&S Day Services
- Age UK Oadby & Wigston
- Oadby Trinity Methodist Church
- South Wigston Methodist Church
- Oadby Baptist Church
- Other Local Churches
- Dementia Carers Group

For Further Information

If you would like further information about the group or to attend upcoming meetings, please contact Dave Cliffe, Community Development Officer, Voluntary Action Leicestershire on

07977 015674 or Dave.c@valonline.org.uk

Enhanced Summary Care Record

Patients encouraged to share more information to help improve care

Patients living in Leicester, Leicestershire and Rutland are being encouraged to share more information about their health and preferences to help doctors and nurses treat them by consenting to an Enhanced Summary Care Record.

Most patients in England currently have a 'core' Summary Care Record, which makes limited information from a patient's GP record - current medications, allergies, and bad reactions to medicines - electronically available to other health professionals.

Now, health and social care leads across Leicester, Leicestershire and Rutland are recommending that all patients consent to an 'Enhanced Summary Care Record'; which can also include details of illnesses and health problems, past operations and vaccinations, treatment preferences, information about the kind of support needed, and who should be contacted if more information is required.

Consenting to an 'Enhanced Summary Care Record' means patients can receive better, quicker care if healthcare is needed away from their usual GP surgery, such as in an emergency, on holiday, when their normal surgery is closed, at hospital clinics and when visiting a pharmacy.

Kim Marshal-Nichols, Chair of The Hedges Medical Centre PPG, said: "As patients it is frustrating to have to repeat our stories every time we have an appointment. I think it is a very good idea to consent to an 'Enhanced Summary Care Record'."

Over 40,000 patients have signed up to share more information across the NHS in Leicester, Leicestershire and Rutland. And the rate at which patients are consenting to have an 'Enhanced Summary Care Record' has shot up. Over the last four weeks, 13,000 patients signed up for an 'Enhanced Summary Care Record'. Previously 1,000 patients were signing up per week.

Dr Andy Ker, Clinical Vice-Chair at East Leicestershire and Rutland Clinical Commissioning Group said: "It's really pleasing that more patients are signing up for an Enhanced Summary Care Record.

"Doctors and nurses treating you in hospital do not routinely have access to your GP medical record. By consenting to an Enhanced Summary Care Record you can help us treat you quicker and more effectively. Completing the form will only take a couple of minutes but it could end up saving your life."

A form to provide consent for an 'Enhanced Summary Care Record' can be downloaded [here](#). The form should be returned to your GP practice reception.

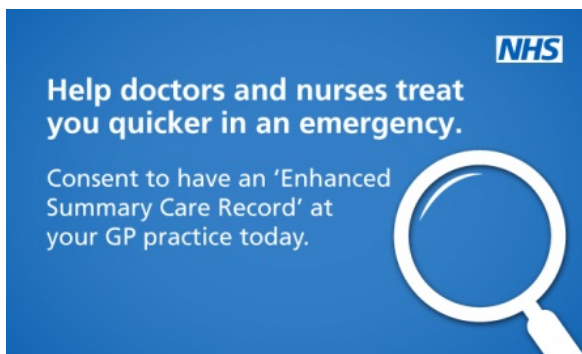
The information will be managed securely in line with the NHS Care Records Guarantee. The Record will only be accessed by doctors and nurses if consent is provided by the patient,

unless they are unconscious or unable to communicate and they believe that accessing the record is in the patient's best interest.

For more information click [here](#) or speak to your GP Practice.

Summary Care Record


Quicker access diagnosis treatment



NHS

Help doctors and nurses treat you quicker in an emergency.

Consent to have an 'Enhanced Summary Care Record' at your GP practice today.



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